

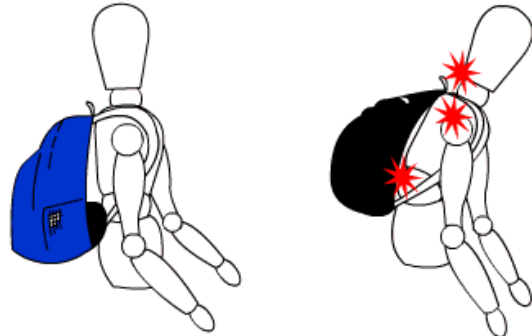


## GETTING THE RIGHT FIT!

**The key to the benefits of the ergonomic design and support is to fit the bag properly to your body.**

The first time you wear an AirPacks pack it might feel different, but you'll know the pack is well adjusted if you're standing up straight and you feel the weight in the small of the back. Once it is adjusted, no more adjusting is necessary.

### AirPacks vs. Others



### How to Use the Innovative "Air Technology"

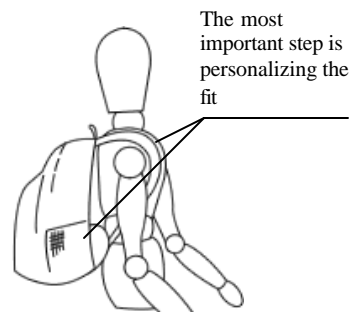
When you receive your AirPacks pack, the air cushions will be filled. To adjust the fit, either deflate or inflate the lumbar cushion or straps. To deflate, unplug the nozzle and squeeze to let air out. To inflate, use the pump to add air.

#### Step 1.

Load your backpack with your normal amount of weight (books and other articles) so that the pack will fit you properly.

#### Step 2.

Adjust the shoulder straps at the top so that the lumbar cushion rests in the small of the back. (Most backpacks either rest too high or too low on a person's back, and the AirPacks system will only work correctly if the lumbar is resting in the small of the back.) Try a few different lengths until you find the optimal positioning.



#### Step 3.

If the shoulder straps are pinching under your arm, release the bottom clasps, then adjust again at the top so that the lumbar cushion again rests in the small of the back. Walk around with the pack on – see if you are standing up straighter. The pack may feel different at first, because most people are used to standing "bent over" when carrying such a heavy load, they are not used to standing upright, so their center of gravity is "off" and feel funny. Let the pack do the work and enjoy it!

